



Nicaragua is the second poorest country in the Western Hemisphere.

80% of Nicaraguans live on less than \$2 a day.

55% lack access to basic medicine.

ATRAVES is an international nonprofit that builds connections among communities, organizations and people in Nicaragua and internationally for health, development and education.

Join a Health Professionals' Brigade for a week in Managua, Nicaragua

- Provide free healthcare to an impoverished community
 - Screen students at an elementary school
 - Make home healthcare visits

Two trips available:

May 17-24, 2009

May 24-31, 2009

Trip Cost: \$1075 + airfare

Includes medicine, clinic supplies, room and board, activities and excursions.

To register, or for more information, contact Brady Dunklee at beto@atraves.org



www.atraves.org 146 Verndale Ave. Providence, RI 02905. (401) 383-7526

Nicaragua Trip Itineraries

Medical Professionals' Delegations
May, 2009

Health Brigade 1

- 5/17 Sunday Arrival**
Arrival at Managua Airport
ATRAVES meets delegates
Transport and check-in at Hotel Las Palmas
Registration with ATRAVES
Welcome Dinner
- 5/18 Monday Orientation, Brigade Day**
- 5/19 Tuesday Brigade Day**
- 5/20 Wednesday Brigade Day**
- 5/21 Thursday Brigade Day**
- 5/22 Friday Brigade Day, Trip**
Routine Day
Depart from worksite for Granada
Free night accompanied by ATRAVES
- 5/23 Saturday Trip, "Despedida"**
Breakfast in Granada
Visit Volcan Masaya
Lunch on the volcano
Visit the Masaya artisans' market
Pottery lessons at San Juan de Oriente
Swimming in the Laguna de Apoyo
Farewell dinner
- 5/24 Sunday Departure**
Transport to the airport, and adios!

Health Brigade 2

- 5/24 Sunday Arrival**
Arrival at Managua Airport
ATRAVES meets delegates
Transport and check-in at Hotel Las Palmas
Registration with ATRAVES
Welcome Dinner
- 5/25 Monday Orientation, Brigade Day**
- 5/26 Tuesday Brigade Day**
- 5/27 Wednesday Brigade Day**
- 5/28 Thursday Brigade Day**
- 5/29 Friday Closing Ceremony, Trip**
Closing Ceremony
Transport to La Boquita beach hotel.
Enjoy the Pacific
Seafood dinner*
Campfire
- 5/30 Saturday Trip, "Despedida"**
Breakfast at the beach
Return to Managua
Farewell dinner
- 5/31 Sunday Departure**
Transport to the airport, and adios!

**Vegetarian options available for all meals.*

Brigade Day Schedule

- 7:00** Breakfast at the hotel
8:00 Meeting and preparation at ATRAVES offices
9:00 Transport to Barrio Camilo Ortega worksite
9:30 Set up community health workshops
10:00 Community health workshops, school health screening, home visits
12:00 Lunch
12:30 Clinic set-up at local primary school.
1:00 Free medical service
4:30 Break down the clinic
5:00 Transport to the hotel

